GRITGOALS MEMBERSHIP

Becoming a doctor isn't for everyone, *but it is for you.*

Mentorship all year long, not just at application time.

Build your profile with purpose, practise with confidence, and find a mentor in your corner through every stage of your medical school journey.

Become a Member

gritgoalseducation.com/membership

WHY MEMBERSHIP

You don't have to figure it out alone.

Support shouldn't begin at the deadline. Instead of waiting until application season to ask for help, build a competitive profile steadily—with a mentor in your corner the whole way.

01

CEGEP students

Explore your path into medicine, understand your next steps, and start building meaningful experiences with guidance.

02

Undergraduates planning ahead

For 1st–3rd year students: connect your academic plans, activities, and preparation to a thoughtful application timeline.

03

Current applicants

Keep moving with ongoing support, structured practice, and a community while you prepare your applications.

YOUR MEMBERSHIP

Structure. Practice. A clearer way forward.

Practical support you can return to throughout the year.

01

Monthly live workshops + Q&A

Join a live group workshop and Q&A each month. Recordings let you revisit rotating topics: CVs, CASPer, essays, MMIs, and timelines.

02

Weekly CASPer + MMI prompts

Keep your preparation consistent with weekly practice prompts and model answers to guide your reflection.

03

A self-serve resource library

Explore Canadian medical school admission requirements, GPA calculation guides, sample CVs, essay frameworks, and checklists.

04

Your personalized timeline

Begin with an onboarding timeline and application tracker that help you organize your next steps.

YOUR MEMBERSHIP

Feedback. Connection. Mentors in your corner.

Keep building with support that goes beyond a single appointment.

05

Quarterly written mentor review

Submit your CV or an essay for written mentor feedback each quarter. We'll share submission guidelines.

06

A private member community

Stay connected to fellow members, with regular check-ins from GritGoals mentors.

07

Curated opportunities

Receive a monthly selection of volunteer and research opportunities to explore as you build your profile.

08

Member pricing on 1:1 services

Access member pricing on application review, MMI preparation, advising, and other one-on-one services.

A STEADY PLAN

Make room for your future.

01 / Join

Start with a conversation about membership and review the terms before you sign up.

02 / Get your personalized plan

Build your onboarding timeline and application tracker around your next steps.

03 / Grow all year with your mentors

Use workshops, weekly practice, resources, feedback, and community to keep moving.

MONTHLY

$199/month

CAD · 12-month commitment

12 × $199 = $2,388

ANNUAL / BEST VALUE

$1,999/year

CAD · Paid in full

You save $389

Applicable taxes may apply. Full membership terms are provided before you sign up.

Discuss membership →

DIFFERENT KINDS OF SUPPORT

Better, together.

Build steadily with membership. Go deeper with focused 1:1 support.

SUPPORT	MEMBERSHIP	1:1 SERVICES
Approach	Ongoing, year-round support	Priced per service
Workshops	Monthly group workshops + Q&A	Focused on your chosen service
Practice	Weekly CASPer + MMI prompts	Tailored to your package
Resources	Self-serve resource library	Tailored to your package
Written feedback	Quarterly CV or essay review	In-depth, one-on-one editing within your package
Connection	Private community + mentor check-ins	Individual attention within your package

The two work great together: membership supports consistent growth, while 1:1 services provide dedicated attention within your selected package.

MEMBERSHIP FAQ

A little more clarity.

What's included?

Workshops, weekly practice, the library, your timeline and tracker, quarterly written review, community, curated opportunities, and member pricing on 1:1 services.

Monthly or annual?

Monthly is $199 CAD/month with a 12-month commitment ($2,388 total). Annual is $1,999 CAD paid in full, saving $389. Applicable taxes may apply.

How does cancellation work?

Yes, at any time. The full membership terms, including cancellation details, are provided before you sign up. Please review them before choosing your plan.

How does the quarterly review work?

Submit your CV or an essay for written mentor review each quarter. We'll share submission guidelines.

Are workshops recorded?

Yes. Monthly live group workshops and Q&As are recorded so you can revisit them.

Which time zone do you use?

Workshop times are in Eastern Time (Montréal).

Is French-language support available?

We're working on French-language support. Email info@gritgoalseducation.com to find out what's available.

Does membership guarantee admission?

No consultancy can guarantee admission. We help you become your strongest candidate through thoughtful preparation and ongoing mentorship.

YOU BELONG IN THIS CONVERSATION

Becoming a doctor isn't for everyone, *but it is for you.*

Your ambition deserves a plan—and people who believe in it.

Let's talk about where you are now, where you want to go, and how GritGoals Membership can support you all year.

Become a Member

gritgoalseducation.com/membership

info@gritgoalseducation.com